

Nā Kumu Kāko’o



He Kuhikuhina no ka Pilina Aloha Pono

Ke Kalana ‘o Maui

Women Helping Women

Ka Hale Ho’omalua no ka Limanui Kūloko ma Maui **24/7**: (808) 579-9581

Ke Kōkua Lawelawe TRO ma Maui:

M-F: 8am - 4pm: (808) 446-7379

Ka Hale Ho’omalua no ka Limanui Kūloko ma Lāna’i **24/7**: (808) 563-0216

Moloka’i Community Service Council 24/7

Ka Helu Wawe Limanui: (808) 567-6888

Child & Family Service Maui 24/7

Ka Helu Wawe Ulia Pōpilikia: (800) 753-6879

LGBTQ+

Lavender Clinic

Ka Lawelawe Lapa’au no ka LGBTQ+ ma O’ahu

T-F: 10am - 6pm

Ma Honolulu a me Wai’anae

Ke Helu Kelepona Ke’ena: (808) 744-2543

www.lavendercenterandclinic.org

Hawai’i LGBTQ+ Legacy Foundation

Ke Kikowaena Ho’olako no ka LGBTQ+ Everyday: **8:30am-8:30pm** (808) 369-2000
www.hawaiilgbtlegacyfoundation.com

Hawai’i Health and Harm Reduction Center M-F: 9am-4:30pm

(808) 521-2437 • www.hhhrc.org
www.hhhrc.org/transgender

Ka Limanui Pākanaka

Sex Abuse Treatment Center 24/7

Ka Helu Wawe Moku’āina: (808) 524-7273

YWCA o ka Mokupuni ‘o Kaua’i 24/7

Ka Helu Wawe Limanui Pākanaka: (808) 245-4144

Child & Family Service 24/7

Ke Kikowaena Limanui Pākanaka ma Maui: (808) 873-8624

YWCA o ka Mokupuni ‘o Hawai’i 24/7

Ka Helu Wawe Ulia Pōpilikia: (808) 935-0677

Ka Pū’ali Koa

Military One Source 24/7

Kāki ‘ole: (800) 342-9647

TTY: E wili iā 711 a laila iā (800) 342-9647

Intimate Partner Violence Assistance Program Coordinator M-F: 8am-4pm

U.S. Department of Veterans Affairs (808) 465-0760

Kū Kānāwai

Legal Aid Society of Hawai’i

M-F: 9am-11:30am & 1pm-3:30pm

O’ahu: (808) 536-4302

Ma nā Mokupuni ‘ē a’ē: (800) 499-4302



He kuleana ke aloha pono. E ho’omana’o ‘ia nā kānaka a pau me ka mahalo a me ke aloha.

E ho’opili mai iā mākou:

(808) 832-9316
info@hscadv.org
www.hscadv.org



This presentation was made possible by Grant Award Number 1901HISDVC, from the Administration on Children, Youth, and Families, Family and Youth Services Bureau, U.S. Department of Health and Human Services. Its contents are solely the responsibility of the author(s) and do not necessarily represent the official views of the U.S. Department of Health and Human Services.



HAWAI’I STATE
**COALITION AGAINST
DOMESTIC VIOLENCE**



He pilina aloha pono paha kāu?

Me kēia ke 'ano o ka pilina aloha pono:

- He kūlana kaulike kō nā mea 'elua.
- Nānā 'ia ka pono o ka pilina.
- Hilina'ī 'ia ka ipo.
- He 'oia'ī'o aku, he 'oia'ī'o mai.
- Maha ka na'au i ka hāpai 'ia a'e o ka mana'o me ka 'oia'ī'o.
- Kūkā 'ia nā hihia.
- Maliu 'ia ka mana'o e hāpai 'ia mai.
- Maliu 'ia ka mana'o o kekahi e kekahi.
- E kūlia nā ipo 'elua i ka ho'okō i ka makemake o kekahi i kekahi.
- Ho'oponopono 'ia nā hihia me ka limanui 'ole.
- Mālama 'ia nā pilina ma waho a'e o ka pilina ipo 'o nā pilina 'ohana me nā pilina hoa aloha.
- 'Apono pū 'ia ka ho'oipoipo e kekahi i kekahi.
- Kūkā 'ia nō ka hāpai keiki 'ana.

He aha ka Hana 'Ino ma ka Pilina Ipo?

Ma ka *pilina i hana 'ino 'ia*, ho'ohana wale ka ipo nāna ka hana 'ino i ka mana ma luna o kekahi ma o ke ho'okaupale 'ana i ke kā'oko'a a ma o ka ho'oka'awale 'ana aku i ke kanaka pā i ka hana 'ino mai ka 'ohana me nā hoa aloha aku.

He mau hō'ailona e maopopo ai ua pā paha i ka hana 'ino ma o ka pilina:

- Maka'ala 'ia ke keleka'a'ike
 - 'o ke kelepona
 - 'o ke kelekiko
 - 'o ka leka uila
 - a 'o ke kūlelepaho
- Ho'okaupale 'ia ka launa 'ana me ka 'ohana a me nā hoa aloha
- Kauoha 'ia ke 'ano o kou lole, ke 'ano o kou launa a launa 'ole 'ana me ha'i, a me kahi i hiki a i hiki 'ole ai ke hele.
- 'A'ole loa mihi kāu ipo no kāna hana 'ino mai, he ho'āhewa na'e iā 'oe no ka hihia
- Lawe wale 'ia ke kālā
- 'Au'a wale 'ia ke kālā
- Koi 'ia ke noi i ka ha'awina kālā
- 'A'ohe āna kōkua ma ka mālama ola
 - E like me ke kū'ai mea'ai a a me ke kākī hale.

Ke Kaumoku'āina 'o 'Amelika Hui Pū 'ia

Ka Moku'āina 'o Hawai'i Pae'āina



Inā paha ua pā 'oe (a i'ole kekahi) i ka Hana 'Ino, e 'imi paha i ke kōkua.

Nā Kumu Kāko'o

National Domestic Violence Hotline 24/7, 200+ 'Ōlelo

(800) 799-7233

TTY: (800) 787-3224

E kama'ilio ma o ka pūnaewele: www.thehotline.org

Ka Helu Wawe Paipai Ola Māhū (Na ka Māhū e kōkua)

(877) 330-6366

Ka Helu Wawe Limanui Kūloko Kaumoku'āina no ka Pepeiao Kuli 24/7

E kama'ilio ma o ke Keleka'a'ike Wikiō: (855) 812-1001

E kama'ilio ma o ka pūnaewele: www.thedeafhotline.org

E ho'opili paha i ke kanaka kāko'o ma o ka leka uila: nationaldeafhotline@adwas.org

Ke Kalana 'o Kaua'i

YWCA of Kaua'i 24/7

Ka Helu Wawe Limanui Kūloko:
(808) 245-6362

Ka Helu Wawe Hale Ho'omalū
(no ka Limanui Kūloko):
(808) 245-8404

Ke Kalana 'o Hawai'i

Child & Family Service 24/7

Ka Hale Ho'omalū ma ka 'ao'ao Hikina o
ka Mokupuni 'o Hawai'i: (808) 959-8864

Ka Hale Ho'omalū ma ka 'ao'ao
Komohana o ka Mokupuni 'o Hawai'i:
(808) 322-7233

Ke Kalana 'o O'ahu

Domestic Violence Action Center

Ka Helu Wawe Kōkua:
(808) 531-3771 8am - 5pm

Kelekiko: (605) 956-5680 24/7

E kama'ilio ma o ka pūnaewele:
www.domesticviolenceactioncenter.org 24/7

Parents And Children Together/ Child & Family Service

Ka Hale Ho'omalū: (808) 266-7233 (SAFE)

Catholic Charities

M-F: 8:30am - 8:00pm

Sat: 8am - 12pm

Ke Kikowaena A'oa'o Pili Ola:
(808) 527-4470