

Resources



A Guide to Healthy Relationships

Maui County

Women Helping Women

Maui 24/7 DV Shelter: (808) 579-9581
Maui TRO Assistance: (808) 446-7379
M-F: 8am - 4pm
Lānaʻi 24/7 DV Shelter: (808) 563-0216

Molokaʻi Community Service Council 24/7

DV Hotline: (808) 567-6888

Child & Family Service Maui 24/7

Crisis Hotline: (800) 753-6879

LGBTQ+

Lavender Clinic

LGBTQ+ healthcare provider on Oʻahu
T-F: 10am - 6pm
Honolulu & Waiʻānae
Offices: (808) 744-2543
www.lavendercenterandclinic.org

Hawaiʻi LGBTQ+ Legacy Foundation

One-stop LGBTQ+ resource center
Everyday: 8:30am-8:30pm (808) 369-2000
www.hawaiilgbtlegacyfoundation.com

Hawaiʻi Health and Harm Reduction Center M-F: 9am-4:30pm

(808) 521-2437 • www.hhhrc.org
www.hhhrc.org/transgender

Sexual Assault

Sex Abuse Treatment Center 24/7

Statewide Hotline: (808) 524-7273

YWCA of Kauaʻi 24/7

Sexual Assault Hotline: (808) 245-4144

Child & Family Service 24/7

Maui Sexual Assault Center:
(808) 873-8624

YWCA of Hawaiʻi Island 24/7

Crisis Hotline: (808) 935-0677

Military

Military One Source 24/7

Toll Free: (800) 342-9647
TTY: Dial 711 then (800) 342-9647

Intimate Partner Violence Assistance Program Coordinator M-F: 8am-4pm

U.S. Department of Veterans Affairs (808) 465-0760

Legal

Legal Aid Society of Hawaiʻi

M-F: 9am-11:30am & 1pm-3:30pm
Oʻahu: (808) 536-4302
Neighbor Islands: (800) 499-4302



Everyone
deserves
to be
treated
with
respect
and love.

Contact Us:

(808) 832-9316
info@hscadv.org
www.hscadv.org



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HAWAII STATE
COALITION AGAINST
DOMESTIC VIOLENCE



Are you in a Healthy Relationship?

Healthy relationships look like:

- Both partners treat each other with equality, love and respect.
- You're honest with your partner and trust them.
- You talk openly about problems and listen to one another. You respect each other's opinions.
- You and your partner solve problems without violence.
- You and your partner keep relationships with friends and family outside of your own relationship.
- You talk about birth control choices together and both consent to sexual activity.

What is an Abusive Relationship?

In an abusive relationship, one partner tries to maintain power and control over the other person by limiting their freedom and isolating them from friends and family. Domestic violence is a pattern of abuse that occurs over a period of time.

Signs you are in an abusive relationship:

- Your partner monitors your calls, messages and social media.
- Your partner tries to keep you from seeing your friends and family.
- Your partner tells you how you should dress, who you can and cannot talk to, and where you can and can't go.
- Your partner never apologizes for their bad behavior, and instead finds ways to put the blame on you.
- Your partner controls the household finances without discussion, including taking your money or refusing to provide money for necessary expenses like food or rent.



If you, or someone you know, have experienced any of these abusive behaviors, help is available.

Resources

National Domestic Violence Hotline 24/7, 200+ languages

(800) 799-7233

TTY: (800) 787-3224

Chat: www.thehotline.org

Trans Lifeline 24/7 hotline with trans operators

(877) 330-6366

National Deaf Domestic Violence Hotline 24/7

Videophone: (855) 812-1001

Live Chat: www.thedeafhotline.org

Contact an advocate by email: nationaldeafhotline@adwas.org

Kaua'i County

YWCA of Kaua'i 24/7

DV Crisis Hotline:

(808) 245-6362

DV Shelter Hotline:

(808) 245-8404

Hawai'i County

Child & Family Service 24/7

East Hawai'i Shelter:

(808) 959-8864

West Hawai'i Shelter:

(808) 322-7233

O'ahu

Domestic Violence Action Center

Helpline: (808) 531-3771 8am - 5pm

Text: (605) 956-5680 24/7

Chat: www.domesticviolenceactioncenter.org 24/7

Parents And Children Together/ Child & Family Service

Shelters: (808) 266-7233 (SAFE)

Catholic Charities

M-F: 8:30am - 8:00pm

Sat: 8am - 12pm

Counseling Center: (808) 527-4470

National

Local