Resources

**Maui County**

Women Helping Women  
Maui 24/7 DV Shelter: (808) 579-9581  
Maui TRO Assistance: (808) 446-7379  
M-F: 8am - 4pm  
Lāna‘i 24/7 DV Shelter: (808) 563-0216

Moloka‘i Community Service Council 24/7  
DV Hotline: (808) 567-6888

Child & Family Service Maui 24/7  
Crisis Hotline: (808) 753-6879

**LGBTQ+**

Lavender Clinic  
LGBTQ+ healthcare provider on O‘ahu  
T-F: 10am - 6pm  
Honolulu & Wai‘anae  
Offices: (808) 744-2543  
www.lavendercenterandclinic.org

Hawai‘i LGBTQ+ Legacy Foundation  
One-stop LGBTQ+ resource center  
Everyday: 8:30am-8:30pm (808) 369-2000  
www.hawaii-lgbtlegacyfoundation.com

Hawai‘i Health and Harm Reduction Center  
M-F: 9am-4:30pm  
(808) 521-2437 • www.hhhrc.org  
www.hhhrc.org/transgender

**Sexual Assault**

Sex Abuse Treatment Center 24/7  
Statewide Hotline: (808) 524-7273

YWCA of Kaua‘i 24/7  
Sexual Assault Hotline: (808) 245-4144

Child & Family Service 24/7  
Maui Sexual Assault Center: (808) 873-8624

YWCA of Hawai‘i Island 24/7  
Crisis Hotline: (808) 935-0677

**Military**

Military One Source 24/7  
Toll Free: (800) 342-9647  
TTY: Dial 711 then (800) 342-9647

Intimate Partner Violence Assistance Program Coordinator  
M-F: 8am-4pm  
U.S. Department of Veterans Affairs 808) 465-0760

**Legal**

Legal Aid Society of Hawai‘i  
M-F: 9am-11:30am & 1pm-3:30pm  
O‘ahu: (808) 536-4302  
Neighbor Islands: (808) 499-4302

Contact Us:  
(808) 832-9316  
info@hsadv.org  
www.hsadv.org

This presentation was made possible by Grant Award Number 1901HS/DC, from the Administration on Children, Youth, and Families, Family and Youth Services Bureau, U.S. Department of Health and Human Services. Its contents are solely the responsibility of the author(s) and do not necessarily represent the official views of the U.S. Department of Health and Human Services.

Everyone deserves to be treated with respect and love.

Hawai‘i State Coalition Against Domestic Violence
Are you in a Healthy Relationship?

Healthy relationships look like:

- Both partners treat each other with equality, love and respect.
- You’re honest with your partner and trust them.
- You talk openly about problems and listen to one another. You respect each other’s opinions.
- You and your partner solve problems without violence.
- You and your partner keep relationships with friends and family outside of your own relationship.
- You talk about birth control choices together and both consent to sexual activity.

What is an Abusive Relationship?

In an abusive relationship, one partner tries to maintain power and control over the other person by limiting their freedom and isolating them from friends and family. Domestic violence is a pattern of abuse that occurs over a period of time.

Signs you are in an abusive relationship:

- Your partner monitors your calls, messages and social media.
- Your partner tries to keep you from seeing your friends and family.
- Your partner tells you how you should dress, who you can and cannot talk to, and where you can and can’t go.
- Your partner never apologizes for their bad behavior, and instead finds ways to put the blame on you.
- Your partner controls the household finances without discussion, including taking your money or refusing to provide money for necessary expenses like food or rent.

Resources

**National Domestic Violence Hotline** 24/7, 200+ languages  
(800) 799-7233  
TTY: (800) 787-3224  
Chat: www.thehotline.org

**Trans Lifeline** 24/7 hotline with trans operators  
(877) 330-6366

**National Deaf Domestic Violence Hotline** 24/7  
Videophone: (855) 812-1001  
Live Chat: www.thedeafhotline.org  
Contact an advocate by email: nationaldeafhotline@adwas.org

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**Kaua’i County**  
**YWCA of Kaua’i** 24/7  
DV Crisis Hotline: (808) 245-6362  
DV Shelter Hotline: (808) 245-8404

**Hawai’i County**  
**Child & Family Service** 24/7  
East Hawai’i Shelter: (808) 959-8864  
West Hawai’i Shelter: (808) 322-7233

**O’ahu**  
**Domestic Violence Action Center**  
Helpline: (808) 531-3771 8am - 5pm  
Text: (605) 956-5680 24/7  
Chat: www.domesticviolenceactioncenter.org 24/7

**Parents And Children Together/Child & Family Service**  
Shelters: (808) 266-7233 (SAFE)

**Catholic Charities**  
M-F: 8:30am - 8:00pm  
Sat: 8am - 12pm  
Counseling Center: (808) 527-4470