



WOMEN, INFANTS, & CHILDREN (WIC)

WHAT IS WIC?

WIC promotes the health of low-income women and children under the age of 5 by providing access to nutritious diets, breastfeeding education, and referrals to healthcare.

TO BE ELIGIBLE YOU MUST...

- Be pregnant, breastfeeding, postpartum, or have a child or children under 5 years old who has/have nutritional needs.
- Meet federal income requirements.
- Be a resident of Hawai'i.

To see if you are eligible, you can use the Pre-Screening Tool available at:
<https://wic.fns.usda.gov/wps/pages/preScreenTool.xhtml>

HOW TO APPLY:

1. Call your local WIC agency to set up an appointment. See next page for locations and contact information.
2. Bring the following:
 - a. Proof of income,
 - b. Proof of identity,
 - c. Proof of Hawai'i address, and
 - d. Your child needing WIC and their vaccination record .

For more information on required documentation and eligibility and updated federal income guidelines, visit https://health.hawaii.gov/wic/program_details/#whatis

NOTE:

- WIC funds can only be utilized on foods and brands that are pre-approved by WIC. You can view the Hawai'i Approved Food List here:
<https://health.hawaii.gov/wic/files/2021/11/Food-List-2021.pdf>

WIC CLINICS AND PHONE NUMBERS



O'AHU

Leeward
808-675-0365

Kōkua Kalihi
Valley
808-791-9444

Kalihi-Palama
808-841-0011

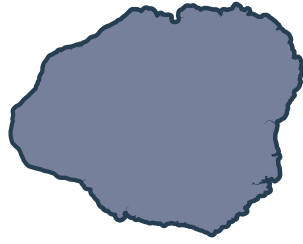
Kapiolani &
Salvation Army
808-983-8531

Waimanalo &
Hau'ula/Laie
808-259-7940

Windward
808-233-5470

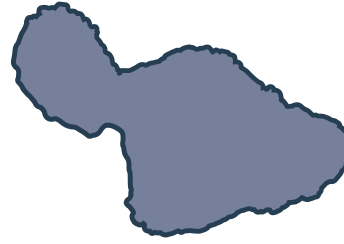
Wahiawa &
Waialua
808-622-6458

Waianae &
Ewa Beach
808-697-3301



KAUA'I COUNTY

Kapa'a &
Hanapēpē
808-241-3080



MAUI COUNTY

Kīhei, Pukalani,
& Hāna
808-984-8225

Lāna'i
Community
Health Center
808-565-6919

Moloka'i
Community
Health Center
808-660-2614



HAWAI'I COUNTY

Hilo &
Honoka'a
808-974-4270

Waimea
808-933-0503

Pāhoa & Ka'ū
808-965-3030

Kona
808-322-4888