



## SUPPLEMENTAL NUTRITIONAL ASSISTANCE PROGRAM (“SNAP”)

**SNAP** provides crucial food and nutritional support to qualifying low-income and households in need. SNAP benefits are available through an Electronic Benefits Transfer (EBT) "Kokua" Card or direct deposit. SNAP can be used for fruits and vegetables, dairy products, breads and cereals, and seeds and plants that produce food for consumption.

### HOW TO APPLY:

- Go to <https://pais-benefits.dhs.hawaii.gov> and complete required information on application. A paper copy is available here: [https://humanservices.hawaii.gov/bessd/files/2020/02/SNAP\\_Application\\_2019.pdf](https://humanservices.hawaii.gov/bessd/files/2020/02/SNAP_Application_2019.pdf).
- Complete an interview.
- Within 30 days of applying, you will receive a letter in the mail letting you know if your application was approved or denied. If approved, the letter will indicate the amount of benefits you will receive and for what length of time.

### WORK REQUIREMENT

Those within the ages of 16-59 are required to work to receive benefits. Exemption are possible if:

- you have a disability,
- you are caring for an infant or elder,
- you meet another requirement for exemption, or
- you are 16 or 17 years old and are a dependent of the household.

### TO BE ELIGIBLE YOU MUST...

- Be a U.S. citizen or "qualified alien"
- Be a resident of the state of Hawai'i
- Have a social security number
- Have limited income

It is not a requirement for all household members to be eligible for SNAP. Parents who are ineligible can receive SNAP on their child's behalf.

If you do not have citizenship or "qualified alien status" but your child does, you can apply on their behalf. You will not need to provide information about your status. However, you will need to provide proof of income and participate in work requirements.

### NOTES:

- If you have no income or your monthly income and assets that could be quickly turned into cash are less than your shelter costs (rent/mortgage and utilities), you may qualify for expedited processing and receive a decision within 7 calendar days).
- You have the right to appeal a denial within 90 days.